

TAKE 5



Bring your completed BINGO to the library on your next visit. Write your name and email on top, hand in at the Youth Services desk, and be entered into a prize drawing.

Draw, paint, or color	Play outside	Read	Listen to music	Watch the clouds
Go for a walk	Take a nap	Make a funny video	Talk to a friend	Try a new activity
Enjoy a hobby	Make a favorite recipe	Rest	Observe nature outdoors	Take a shower
Play a game offscreen	Walk, run, or bike with a friend	Spend time with a pet	Meditate or pray	Stretch your muscles
Daydream	Do a puzzle	Call a family member	Try yoga or tai chi	Get a good night's sleep

